

ROSE MCGOWAN VS. HOLLYWOOD

PLUS, THE SCOOP ON HER ACCIDENTAL TWEET. PAGE 16

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COURT DRAMA



Exclusive. Metro photographers captured all the drama when a man was arrested with a meat cleaver outside the courtroom sentencing of the Boston bomber. Moments later, Dzhokhar Tsarnaev finally apologized to his victims. "I am sorry for the lives I've taken," the bomber said. PAGE 02



INSIDE AND OUT

Dzhokhar Tsarnaev takes the stand at his formal sentencing on Wednesday. To the right, a cop carries the meat cleaver and license plate recovered after a young man was taken into custody outside of Moakley Federal Court on Wednesday after driving through the police barricade. / SKETCH BY JANE COLLINS; PHOTO BY NICOLAUS CZARNECKI

Seinfeld fans brave long lines to glimpse set

PAGE 04

Let 'Bar Rescue' save your night out

PAGE 21

Knicks with their future on the line tonight

PAGE 27



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NEWS

Top 3

The best of Metro.us

1 'Sir Ian McKellen talks NYC Pride and modern LGBTQ politics'

2 'Man pulls knife outside of Boston federal court where Marathon bomber is being sentenced to death'

3 'Gluten-free? Your chef doesn't mind'



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'Sorry for the lives I've taken,' says bomber

Spoken. Dzhokhar Tsarnaev broke his two years of silence Wednesday in a Boston court.

Boston Marathon bomber Dzhokhar Tsarnaev broke his silence Wednesday at his formal death sentencing, asking for "Allah to bestow mercy upon those I killed and their families."

"I am guilty of the bombing, let there be no lingering question about that," said Tsarnaev. "After the bombing, I learned the victims' names and saw their faces. I also wish more people had the chance to testify. But I took them from you. I am sorry for the lives that I've taken, for the suffering that I've caused you, for the damage I have done, irreparable damage."

It was the first time the convicted terrorist, 21, had publicly spoken since his April 2013 arrest, save for his July 2013 arraignment in which he verbally pleaded "not guilty."

Tsarnaev scratched his head, fidgeted, cracked his knuckles and infrequently stared at the speakers in federal court where he was formally sentenced to death for his part in the deadly terror attack, but not before he faced the



At left, Tsarnaev takes the stand. At top right, a group protesting the death penalty stands outside the courthouse. At bottom middle, Rebekah Gregory enters Moakley Federal Courthouse. At bottom right, bombing victims with their families are surrounded by press as they leave the sentencing. / SKETCH BY JANE COLLINS; PHOTOS BY NICOLAUS CZARNECKI

people whose lives he forever changed.

The floor was open for three hours of victim impact statements, strained if not teary accounts included descriptions of brain injuries, hearing loss, shrapnel wounds, amputated limbs, headaches, nightmares, PTSD, surgeries, out-of-pocket payments and unbroken spirits.

Tsarnaev was found guilty in April of carrying out the deadly terror attack, which killed three and injured 264 others; 17 people lost limbs. His late brother, Tamerlan Tsar-

naev, was the alleged mastermind of the plot, which they carried out on April 15, 2013. Days later, the men shot MIT police officer Sean Collier to death in an attempt to flee the city.

"I ask Allah to have mercy upon everyone here today, on me and my brother," Tsarnaev said Wednesday.

Tsarnaev will receive lethal injection in Indiana's Terre Haute State Prison, the same facility where Oklahoma City bomber Timothy McVeigh was put to death.

Judge George O'Toole

told Tsarnaev he followed a "cruel god," not the God of Islam, if he thought God wanted him to kill innocent people.

"No one will remember that your teachers were fond of you, that you were funny, a good athlete," O'Toole said. "Whenever your name is mentioned, what will be remembered is that you murdered and maimed. You had to forget your own humanity."

The parents of Martin Richard, 8, who died as a

result of his injuries after Tsarnaev placed his bomb directly behind Richard, spoke of choosing love over hate in the face of the violence their family suffered.

"He chose hate. He chose destruction. He chose death," Bill Richard said. "We choose love. We choose kindness. We choose peace. This is our response to hate. That's what makes us different from him."

NATE HOMAN
@METROBOS
nathan.homan@metro.us



Death penalty protest. Man brings meat cleaver in car

A man was arrested Wednesday after he was caught with a meat cleaver in his car outside the federal courthouse — moments before the Boston bomber apologized at his formal death sentencing.

In a dramatic turn of events exclusively captured by Metro's photographers, police quickly arrested the man — later identified by police as Patrick Carreiro, 24 — after he drove an SUV past the barricades of a Boston court Wednesday. He was found with a large meat



Carreiro and the knife.
NICOLAUS CZARNECKI, METRO

cleaver in his possession.

Officers confronted the man when he pulled up in front of the courthouse, a restricted area, in a car without a license plate, according to eyewitnesses and police.

"Officers learned the suspect had driven to the courthouse to express his opposition and dissent with the death penalty," the Boston Police Department later said in a statement.

"A search of the vehicle enabled officers to see and take possession of what appeared to be a meat cleaver. At no point did the suspect use or threaten anyone with the weapon."

Friends of Carreiro, a former student at Framingham State University who worked at the school's

student newspaper The Gatepost, were shocked by the incident.

"He's always had his eccentric moments, but nothing like this," said Helen D'Arpino, who said she has known Carreiro since high school. "I'm totally shocked right now."

But another friend said that Carreiro was struggling emotionally and had recently sent him messages that he found worrying.

Carreiro's Facebook page includes infrequent posts about the bomb-

ing and Tsarnaev case, including one article about survivors making a plea not to execute him.

"It's not our duty to punish," he wrote on April 17, in a post not specifically linked to the bomber's trial.

His most recent post on Facebook reads: "life could be so much better than our country, world allows."

SPENCER BUELL

Editors note: A reporter who worked on this story was on the Framingham State University school newspaper with Carreiro.

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W-holey moley! City probes Whole Foods

You may want to bring your own scale next time you go shopping at Whole Foods.

The city's Department of Consumer Affairs found weights printed on the labels of prepackaged items are often wrong — mostly in the store's favor — and that New Yorkers are getting overcharged.

"The overcharges ranged from [80 cents] for a package of pecan panko to \$14.84 for a package of coconut shrimp," the agency said in a statement.

Undercover stings at more than 100 other grocery stores around the city led to a whopping 77 percent being hit with violations for overcharging.

Whole Foods Market, with eight locations in Manhattan and one in Brooklyn, was the worst offender. In a check of 80 items in one undercover operation last fall,



Julie Menin / FILE PHOTO

DCA found every item mislabeled.

Agency Commissioner Julie Menin said a full-blown probe is underway.

"Our inspectors told me it was the worst case of overcharges that they've ever seen," Menin said in a statement.

Whole Foods denied it had ever used deceptive practices to overcharge customers and said would vigorously defend itself in the probe.

JOHN A. OSWALD

Seinfeld pop-up has fans joking at Jerry's



Clockwise from top left: Jerry's now very dated computer; the couch; fans expressed their love; fans got to joke like Jerry. / MEGAN FU

On set. Hundreds lined up to visit the Seinfeld apartment.

"Seinfeld" superfans descended on a pop-up replica of the show's iconic New York City apartment Wednesday as part of a promotion celebrating the arrival of the hit show on Hulu.

Luckily for this Metro reporter, the assignment was a win-win. This huge "Seinfeld" fan was willing to wait for an hour in a line that stretched around the block outside of Milk Studios at 451 W. 14th St.

Some fans had waited since 6 a.m. to get a look inside of Apt. 5A, which, to much delight, came equipped with Jerry's hanging bicycle and a peephole into Kramer's apartment.

The pop-up attracted

those from across the U.S. including Jamie Harman, 30, visiting from Philadelphia.

"We are excited to see the apartment and see how close it is to what it is in the show," Harman said beforehand.

Once inside, fans took pictures with a microphone in front of a velvet red curtain, mimicking Jerry's stand-up. Some told jokes, some snapped photos — all imagined comedic gold.

Software engineer Sam Ung, 30, visiting from San Francisco, agreed to let Metro record him doing the infamous Kramer entrance and run it alongside this story online, "as long as [he] didn't fall." Luckily, he did not.

[See the video at metro.us](#)

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Discrimination

Report claims transgender students in New York schools not protected

New York schools are illegally discriminating against transgender and gender nonconforming students, according to a report released

Wednesday by the New York Civil Liberties Union.

The report, "Dignity for All?," found 24,478 incidents were reported during the 2012-2013 school year relating to the Dignity for All Students Act, and one-third of state schools did not report any harassment incidents.

The legislation, which took effect in 2012, was enacted to protect students from bullying and harassment, and prohibits discrimination based on gender.

The NYCLU said students continue to be discriminated against because of the state education department's lack of guidance and training for teachers and

school staff.

"In public schools across New York, transgender and gender nonconforming children as young as five face relentless harassment, threats and even violence for trying to access their right to an education," said NYCLU Executive Director Donna Lieberman.

WENDY JOAN BIDDLECOMBE

LGBT. Church paves way for acceptance



Stuart Cole, Dr. Michael Brown and Gary Thompson at Marble Collegiate Church. / BESS ADLER, METRO

When Stuart Cole and Gary Thompson moved to New York City in 1976, a year after they met and fell in love in Philadelphia, they didn't think it was possible to be gay and Christian.

But they didn't give up in their quest to join the two parts of their lives.

Cole and Thompson and a handful of other gay parishioners at the 450-year-old Marble Collegiate Church started holding Bible studies in apartments. In 1992, the pair approached the church's pastor, Dr. Arthur Caliendo, to ask him for permission to meet in the church's parlor.

"He was hesitant," Cole said. "But he came to know us better and heard from so many people in the congregation, you guys are so nice, and meeting us turned a lot of people around to see that gay and lesbian people are not monsters, but Christian brothers and sisters."

Not everyone was

happy with the move, and some 150 people left the church following the decision. Since 1992, the Marble Collegiate Church's group, GLBTQ in Fellowship, Tradition and Service (GIFTS), has grown to some 70 members looking to connect with other gay Christians and serve their community.

This weekend's Pride Parade marks the 18th year that GIFTS will have handed out cups of water to pride marchers.

And although significant progress has been toward LGBT acceptance, Thompson, an actor who now works as the church's wedding coordinator and receptionist, says he still meets prospective parishioners who find their way to New York City from the South and the Bible Belt, looking for a spiritual home where they can be gay and Christian.

"It pleases me to no end to say to these people, 'Yes, we accept you,'" Thompson said.

WENDY JOAN BIDDLECOMBE

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Another escaped criminal

NYPD hunts for man who escaped custody

Police are looking for a handcuffed suspect who allegedly pushed a police officer before escaping in Harlem on Tuesday evening, police said.

Tareek Arnold was still at large early Wednesday. Arnold, 23, was taken into custody on attempted murder charges and was being transported to Manhattan Central Book-

ing when he escaped. He was last seen fleeing north on West 134th Street and Eighth Avenue, police said.

He was wearing gray sneakers, a white T-shirt, gray sweatpants and a hoodie. He has tattoos that read "Troll" and "Militant Soldiers."

Call Crime Stoppers at 800-577-TIPS (8477).

WENDY JOAN BIDDLECOMBE





Planned Service Changes



WEEKEND

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Significant service changes impact the **D** between Manhattan and Brooklyn
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D service is rerouted and operates in two sections:

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2. Between **Stillwell Av** and **DeKalb Av**, then via the **R** to/from Whitehall St.

Travel Alternatives:

F N Q R and free shuttle buses provide alternate service.

- For service between Manhattan and Brooklyn take **F N Q R** instead
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- Transfer between **D** and **R** trains at Whitehall St or Times Sq-42 St/Port Authority
- For service to 6 Av stations transfer between **D** and **F** at Jay St-MetroTech or W 4 St
- For 7 Av, take **E** instead, and transfer between **D** and **E** at 42 St-Port Authority
- Transfer between **D** and **1** trains at Whitehall St-South Ferry
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Stay Informed

Call 511 and say "Current Service Status," look for informational posters in stations, or visit **mta.info** – where you can access the latest Planned Service Changes information, use TripPlanner+, and sign up for free email and text alerts.

Michigan

Parents of boy found in basement to face abuse trial

A Michigan judge ordered the father and stepmother of a boy found emaciated in his own basement a year ago to stand trial on child abuse charges and dismissed a more serious torture charge, prosecutors

said.

Charlie Bothuell IV and Monique Dillard Bothuell are charged with second-degree child abuse and accused of keeping the boy, then 12, in the basement and forcing him to undergo excessive physical training.

Convictions for second-degree child abuse carry prison sentences of up to 10 years. The Bothuells could have been sentenced

to up to life in prison if convicted of torture.

Judge Shannon Holmes reduced the bail for both to \$50,000 each, from \$500,000 each, at the conclusion of the hearing, the Wayne County Prosecutor's Office said.

Charlie Bothuell V, now 13, testified during the hearing held on various days over the past three months that he was forced

to exercise for up to two hours every morning and again each night and was struck or forced to stand at attention in a corner if he faltered.

He testified that his stepmother accused him of cutting his exercise short one day in June 2014 and led him into the basement to a spot cleared for him behind a stack of boxes.

REUTERS

NY escapees may have guns from cabin: Police



FBI agents help in the search for convicted murderers Richard Matt and David Sweat on June 24, 2015 in Whippleville, New York. DNA from the two was found recently in a remote hunting cabin about 15 miles west of the prison. / GETTY IMAGES

Convicted killers.

They were believed to have been last seen near the cabin in Owls Head, New York, on Saturday.

Convicted killers David Sweat and Richard Matt may have at least one gun from a cache of weapons in an upstate New York cabin where they hid about 20 miles from a maximum security facility, police said on Wednesday.

A bloody sock and other items found at the cabin reportedly owned by corrections officers were tested for DNA, and Guess said police had "100 percent assurance they were in that area."

Authorities have re-

ceived 2,200 tips from the public, Guess said.

Guess also said he had no reason to believe the dangerous fugitives would not have tried to arm themselves but can't be sure.

"You would think that they'd have some sort of an inventory," Guess said. But, he added, investigators found "a number of people cycle through these camps and cabins, and they do not have a definitive number of weapons, so they cannot tell us what's missing and what's not."

Matt, 48, and Sweat, 35, cut through the steel walls of their adjoining cells, slipped through a steam pipe and emerged from a manhole outside the prison's fortress-like walls in Dannemora, New York.

REUTERS

Quoted

"Just about every cabin or outbuilding in the North Country has one or more shotguns or weapons. ... They put an inordinate amount of weapons and ammunition and other tools in these shared seasonal hunting camps and cabins." Major Charles Guess, of the New York State Police

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Five things you need to know

Obamacare could create quandary for GOP before 2016 election

Obamacare could put Republicans in a bind in the run-up to the 2016 U.S. presidential election if the U.S. Supreme Court in the next week upends part of the law designed to make health care accessible to all Americans, leaving millions to fend for themselves for health insurance.

The court is due to decide by the end of June whether to jettison tax subsidies in 34 states that help low- and moderate-income people buy medical coverage. A political flash-point since it was signed into law by President Barack Obama in 2010, the Affordable Care Act makes federal subsidies available to people who cannot

afford to pay for health insurance.

The challenge, mounted by conservative critics, focuses on four words in the law: "established by the state." The court is being asked to decide if that means only people using state-run exchanges, as opposed to one administered by the federal government, are eligible for federal subsidies to pay for insurance.

If the court rules against that section of the law, it could leave up to 6.4 million people without health coverage, increasing pressure on Republicans to produce a viable alternative or take the blame for the resulting chaos.

Presidential battleground states such as Florida, Ohio, Wisconsin and North Carolina will be among the states with residents who lose their subsidies, heightening the political impact. **REUTERS**

Louisiana Governor Jindal announces run for president

Louisiana Governor Bobby Jindal announced on Wednesday he was running for the presidency in 2016, giving himself a mountain to climb from the bottom of a full pack of Republicans.

"My name is Bobby Jindal, and I am running for president of the United States of America," Jindal, who became the first person of Indian-American

heritage to run for U.S. president, said on his website. **REUTERS**



Sarah Palin ends run as Fox News contributor

Fox News has ended its relationship with former Alaska Governor Sarah Palin as a political contributor.

A Fox News Channel representative on Wednesday confirmed a report on Politico.com that said the cable network had not renewed its contract with the 2008 Republican vice presidential candidate.

Palin, whose conservative stands have made her a favorite of the Tea Party movement, is expected to make occasional guest appearances on the channel, Politico reported. **REUTERS**



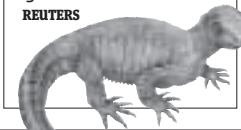
Triassic reptile was 'grandfather' of all turtles

It looked like an odd lizard with a bulky body and only the skeletal precursor of a shell, but scientists say 240 million-year-old fossils unearthed in a quarry in southern Germany represent the grandfather of all turtles.

The scientists on Wednesday announced the discovery of the oldest-known turtle, an 8-inch Triassic Period reptile that combines traits of its lizard-like ancestors with a set of emerging turtle-like features.

They named it Pappochelys, meaning "grandfather turtle."

REUTERS



HBO offers premiere episodes of two series on Facebook

HBO said it would offer the premiere episodes of two new comedy series on Facebook, underlining the growing popularity of the social networking site as a video platform.

Facebook has become a sought-after outlet for companies looking to market their products via online videos, the fastest-growing category of Internet ads.

HBO said viewers would be able to access the premiere episodes of Dwayne Johnson-starrer "Ballers" and "The Brink" on Facebook for a limited period. **REUTERS**



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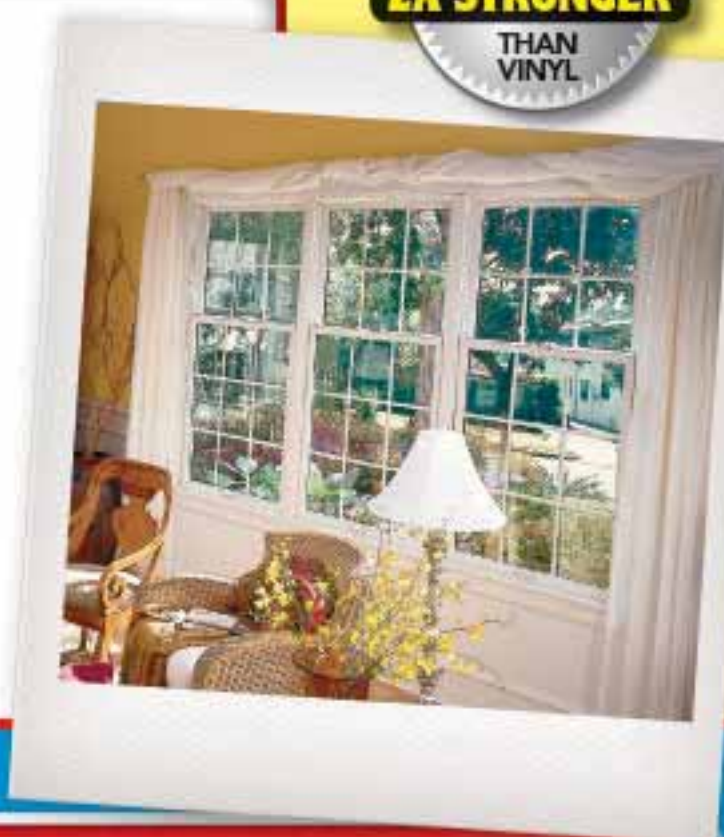
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Church killings. Pastor-politician is mourned at state capitol in SC

The body of Rev. Clementa Pinckney, the state senator and pastor gunned down with eight others at a historic black church in Charleston last week, was taken on Wednesday to the South Carolina capitol to lie in state inside the rotunda.

Pinckney's casket arrived on a horse-drawn military carriage, passing by the hotly disputed Confederate battle flag flying on the State House grounds in Columbia, the state capital. Eight state police officers in dress uniform served as pallbearers.

Gov. Nikki Haley and other politicians came out onto the State House steps to pay their respects to the 41-year-old Democrat, who had been widely admired for the way he blended politics with his faith.

The pastor-politician and eight other black men and women were shot to death during Bible study at the historic Emanuel



Family and friends look on at the coffin of church pastor and South Carolina State Sen. Clementa Pinckney at the State House. / GETTY IMAGES

African Methodist on June 17. Dylann Roof, a 21-year-old white man, has been arrested and charged with all nine murders.

Pinckney's funeral will be held in Charleston on Friday when President Barack Obama is due to deliver the eulogy. First lady Michelle Obama and Vice President Joe Biden are also expected to be in attendance.

The Charleston church attack came after months

of intense debate over U.S. race relations following in the wake of killings of unarmed black men by police officers in Ferguson, Missouri; New York City; Baltimore and elsewhere.

It also ignited a political debate over the Civil War-era flag of the South's pro-slavery Confederacy, with mounting calls for the "Stars and Bars" to be removed from the State House grounds, among other places. **REUTERS**

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Rapper Rick Ross arrested near Atlanta on assault charges



Rick Ross / GETTY IMAGES

Rapper Rick Ross and his bodyguard were arrested at his home near Atlanta on Wednesday on charges they kidnapped a man, beat him and threatened him with a handgun earlier this month at the rapper's mansion, authorities and media reports said.

Ross, 39, whose real name is William Leonard Roberts II, and his bodyguard Nadrian Lateef James, 42, were being held at the Fayette County Jail in Georgia on charges of kidnapping, aggravated assault and aggravated battery, a spokesman for the sheriff's office said. Ross and James were denied bail.

Police went to Ross' mansion in Fayetteville, about 20 miles south of Atlanta, which he bought last year and was once owned by boxer Evander Holyfield, at about 6:30 a.m. and initially were denied entrance.

Officers eventually

forced the mansion's gate open and the men were taken into custody without further incident, authorities said.

Ross, founder of the Maybach Music Group and known for his 2006 single "Hustlin," was also arrested two weeks ago in Georgia for marijuana possession.

According to the arrest reports and the sheriff's office, Ross and James forced Jonathan Zamudio into a bedroom on June 7 and prevented him from leaving.

The Atlanta Journal-Constitution said the incident happened at Ross' estate.

They then beat Zamudio, chipping two teeth and causing a jaw and neck injury, scratches and contusions, according to the arrest reports. Ross also struck the man with a handgun and threatened him with it, the reports said. **REUTERS**

Connecticut

Man gets eight years for breaking baby daughter's limbs

A Connecticut man convicted of breaking his 4-month-old daughter's arms, legs and ribs was sentenced to eight years in prison on Wednesday, and ordered to take anger management classes and

undergo a complete mental evaluation.

"You are either evil and a monster or very, very ill," Judge Maria Kahn told the man, Morice Wilkerson, 26, during a hearing in Superior Court in Bridgeport. Wilkerson broke down in tears as he was removed from the courtroom, and relatives also wept and sobbed.

Wilkerson was convicted last month of third-degree

assault and risk of injury to a minor, after bringing the infant to a hospital in 2012 with all four limbs and two ribs broken.

He and his wife, Stephanie Kearney, had attempted to explain their daughter's multiple injuries by saying they were the results of various accidents, like rolling over while asleep, and genetic fragility.

Kearney, 25, was found

not guilty of any crimes.

Before he was sentenced, Wilkerson pleaded with the judge for leniency, saying "I love my family and I would never do anything to hurt them."

Senior Assistant State's Attorney Margaret Kelley urged a significant sentence, arguing the girl's injuries could cause a crooked leg and stunted growth. **REUTERS**

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Superstorm Sandy

US judge deals Amtrak setback over storm losses

Amtrak suffered a big setback in its attempt to recoup an estimated \$1.1 billion of losses from Superstorm Sandy when a federal judge on Wednesday rejected the railroad's efforts to recover much of that sum from its insurers.

U.S. District Judge Jed Rakoff in Manhattan agreed with Amtrak's

insurers that Sandy was a single "occurrence" under the railroad's policies.

He also said the inundation of Amtrak property in the storm's aftermath was part of the railroad's "flood" damage rather than a separate loss.

Amtrak had argued that its insurers should pay up to its policy limits, with a maximum of \$675 million per occurrence, but that most insurers wanted to cap any payout at \$125 million. **REUTERS**

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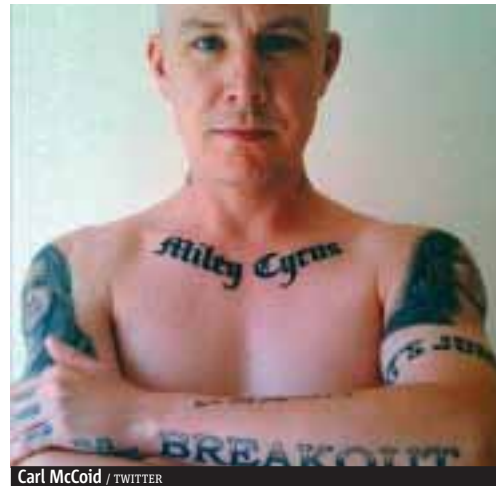
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Second thought. Man decides to remove his 29 Miley Cyrus tattoos

A man with reportedly 29 Miley Cyrus tattoos, and a presumed serious inability to make proper decisions in life, has had a breakthrough and decided it's time to remove his Miley Cyrus tattoos. Three cheers for good decisions!

The gentleman, a 42-year-old man named Carl McCoid, is apparently a huge fan of the pop star and, in addition to his tattoos, named one of his daughters Miley. McCoid's tattoos include album titles, song names and three portraits of the "Wrecking Ball" singer.

His many years of bad decision making came to a turning point when the real Miley Cyrus reportedly said in a radio interview with Heat Radio: "There's a dude that holds a record for the most pictures of my face. He has, like, 18 pictures of my face, and they're really ugly!"



Carl McCoid / TWITTER

Ouch.

Now, because Miley herself has disapproved of the tattoos, McCoid has had a change of heart about them as well.

"I'm only regretting them now," McCoid told the Mirror. "I never thought about it too much, but they have had

a psychological effect on me. Then she mentioned they were creepy in an interview. It made me realize I didn't like them."

I guess this proves that when it comes to tattoos of Miley Cyrus' face, one can stop and should stop.

MATT LEE, METRO



A FEW OF THE
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TATTOOS ON
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Disney demands a dry Depp

Johnny Depp has apparently been causing more havoc on the new "Pirates of the Caribbean" set beyond getting into trouble for smuggling terriers. Studio bigwigs reportedly staged an intervention to get Depp to knock off the partying he's been doing and take the job seriously, according to the National Enquirer. "They've told him in no uncertain terms that he needs to clean up his act and concentrate on making the movie. He had a big sit-down with the head of Disney Pictures, as well as producer Jerry Bruckheimer, his agents and a few close friends," a source says. "Basically, they told Johnny he had to get his act together. Johnny apologized to the crew and producers when he finally got back to Australia from L.A." Not only that, he also reportedly hired a sober coach to help



ALL PHOTOS GETTY IMAGES

him out. None of this, of course, explains why we need another "Pirates of

the Caribbean" movie, but I suppose we can't have everything.

Daily video

The struggle is real, y'all

Dig the adversity these ladies have had to face in Internet Action Force's "You Won't Believe the Struggle" video. It's some pretty amazing white privilege one-upmanship. Or would that be one-upwomanship? "You cannot be white and wealthy anymore and have people take



INTERNET ACTION FORCE, YOUTUBE

you seriously," one of the hard-scrabble white wine-swillers insists. "I'd like to see someone else live on 200 Euros a day backpacking through Gstaad." Oh, the humanity. Can you handle it?

THE WORD

Ned Ehrbar takes on the world of gossip.



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Fat Chris Pratt might come back

Chris Pratt wowed fans by getting into ridiculous shape for "Guardians of the Galaxy" and "Jurassic World," but don't expect the abs to stick around that long, he warns. "I can tell that people are motivated by my transformations, and that feels really good," Pratt tells Men's Health. "But everyone should know when the movie star stuff is over, I might go back to being the fat guy. My wife wants a pizza oven — she's going to learn how to bake bread, and I'm going to eat it." This ... is not good news. Someone find that pizza oven and destroy it.



MENSHEALTH.COM



The Royals get how much for an allowance?

It must be embarrassing to be a full-grown adult and still have an allowance, like Prince William, Prince Harry and Kate Middleton do. But I guess getting more than \$4 million between them as that allowance takes some of the sting out of it. Clarence House released its annual review of Prince Charles'

expenditures, and among them are roughly \$4.667 million to cover "official activities" of William, Kate and Harry. Unfortunately, there wasn't an itemized breakdown of how the three spend that money, so we can only imagine how much Harry puts toward nightclub floozy hush money. I'm going to go with half.

Bobbi Kristina headed to hospice

It's really not looking good for Bobbi Kristina Brown. While that might seem a bit redundant or something of an understatement, this latest bit of bad news is actually pretty bad. Her family announced this week that she had been moved from a rehabilitation center in Atlanta to a hospice care center Brown, the daughter of Bobby Brown and Whitney Houston, was first hospitalized Jan. 31 after being discovered unresponsive in the bathtub of her Atlanta-area home.



2

CULTURE



Twitter feed

Today, Anna Kendrick hopes you excuse her brief absence from the Internet, Conan O'Brien abhors a diet, Hailee Steinfeld is struggling, Miles Teller has some music recommendations and so does Hugh Grant.

@AnnaKendrick47: Lost all my \$\$ betting on secret high-stakes clone fighting rings. Stealing neighbors wiff for now. What did I miss?

@ConanOBrien: Is there anything more delicious than unsweetened... ah, just kidding.

@HaileeSteinfeld: I want ice cream but I worked out

@Miles_Teller: The Guess Who are severely underrated

@HackedOffHugh: I am very young and cool and I love this track by Animal Music.

Rose McGowan is a director now

Interview. The actress made an acclaimed short film. And she wants Hollywood to change.

At this past Sundance, Rose McGowan wowed audiences with "Dawn," a short film about a young, overprotected girl (Tara Lynn Barr) in 1961 who sneaks off with a possibly dangerous boy. You can watch "Dawn" on her YouTube channel.

You still have acting jobs coming up, but do you feel you have less passion for acting, especially now that you're directing?

The thing is, I never did. I just happened to be good at it. I would get to sets and think, "What happened? I'm in the wrong world." It's like when you read a book and then you



Tara Lynne Barr plays a young teen in Rose McGowan's short "Dawn," which you can watch on YouTube. / BLACKDOG FILMS

see how it's been made on the screen and it's completely odd to you because that's not at all how you saw it.

With streaming services, it's easier than ever to get shorts seen.

To be honest, when we did it, it didn't occur to me that anybody would see it. I just had to do it. ... This is

actually my voice. It's nice to be heard.

Someone told you they threw up after watching "Dawn." Was it the intensity of the ending?

It affects women who were in that era greatly. There was a woman who saw it and she called me, crying, because that was her life. It's what we do to girls and

Online life

Slammin' Sandler

You went viral the other day for a tweet where you mentioned a script for an Adam Sandler script that noted actresses should have lots of cleavage.

That was an accident. I didn't think of it going viral. But that wasn't the part that

was offensive to me. That part's just pathetic and stupid. But the part that made me laugh is where they're like, "Make sure you read the script so you understand the context of the scene." It's an Adam Sandler film! That's the part where you realize they think so little of the people coming in. I'm a pretty progressive sort, so to say I'm from Hollywood is sometimes cringeworthy. I want it to be better because it can be.

women without realizing it. You open a magazine and it says "How to Be on a Date," and it's by a little guy in a closet giving you advice. And it f— you up. We're sending

girls into the world, still, largely unprotected and in ways meant to subvert their own survival instinct. So what happens when you're a lamb with your hands tied and you meet a wolf?



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ROSE MCGOWAN
GETTY IMAGES



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Getting inside Pete Docter's head



Sadness and Joy in Pete Docter's "Inside Out." / WALT DISNEY PICTURES

Interview. The "Inside Out" director rescues Pixar's rep.

Pixar's Pete Docter takes Take Your Daughter to Work Day very seriously. His daughter, Elie, lent a voice to "Up." Then he used her mood swings as the spark for "Inside Out."

Is she fed up with being used for story material?
We're not a real media-

heavy family, so I'm not sure she's aware of how much I reference her at work or in the press. That's probably good.

Did you feel pressure to make this film a kind of return to form for Pixar?
There was a little more pressure in the last year when they moved "The Good Dinosaur," and everything turned to us. Like the Eye of Sauron.



NED EHRLBAR
@Nedrick
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The fun part

These Pixar films take a while to make. What is it like on the campus when one of the projects that's further along is having its moment?

When you're still on the bench and you see the guy up at bat, you're kind of a little jealous. Because that's the fun part, when you're through all the struggle and the trials and the tribulations of the story — out of the five years, I've lost more hair over that because the story is always the hard part.



DOCTER
GETTY IMAGES

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Geek Girl in Hollywood

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THIS YEAR'S E3 TREATED WOMEN RIGHT

Not only are more female video game characters en route, but even Lara Croft will suffer less in her next adventure. / MICROSOFT STUDIOS

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After last year's E3, the giant video game expo that takes place in Los Angeles, I spent a lot of time railing at the misogyny of the whole thing, from the way women were treated on stage (if they were there at all) to Ubisoft's response to the outcry about the lack of a female playable character. (Ladies are hard to draw, you guys!) This year, however, things were very different.

We actually got a slew of games with female leads or the ability to play as one. We're getting more Faith Connors in a new "Mirror's Edge." You can play as a man or a woman in "Mass Effect: Andromeda." "The Rise of the Tomb Raider" game looks like it might not be torture porn, like the last one. "Horizon

Zero Dawn" has a female lead and looks seriously badass. Guys, the game has robot dinosaurs. I highly doubt dudes are going to pass that up just because the main character has lady parts.

The female-led "ReCore" has robots as well, and the trailer makes me want a robot dog. OK, fine, I always wanted a robot dog. There are playable women's teams in "FIFA 16." We're even getting a Michonne-lead "Walking Dead" game. In addition, we saw a bunch of women on stage, and they weren't treated any differently than their male counterparts.

What's even cooler is that, aside from the obnoxious anti-Anita Sarkeesian posters outside the con, the reaction has

been largely positive. I'm on the Internet all day and I really haven't seen much of a backlash about the female leads. It's as if it's really not a big deal. Would any movie companies like to take a look at that? You know, the ones who think that men are going to boycott lady-led films.

It seems like things are changing, and lo and behold, it isn't ruining the gaming industry. See, that's the thing. No one is taking away the games you know and love. Being able to play as a woman in "Call of Duty: Black Ops 3" isn't sprinkling the industry with hearts and flowers. Like Furiosa in "Mad Max: Fury Road," a kickass character is a kickass character, regardless of gender. Now, who wants to play a game?

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Going out.

On a roof or lawn, movies are just better outdoors.

When the weather is good, why waste a minute of it? Whether it's old favorites or French films you kind of need to be drinking wine to understand, there's something for everyone. Plus, your food options also won't be limited to Red Vines and popcorn, and you can decide that, maybe, the second act would be better spent taking a dip in the ocean. Long live summer!

Midtown movies

The HBO Summer Film Festival at Bryant Park gets crowded, to say the least, so arrive early. Programming ranges from silver screen gems (1972's disaster classic "The Poseidon Adventure," July 6) to new favorites ("Back to the Future" closes out the fest on Aug. 24). Free; lawn opens at 5 p.m., films start at dusk. Through Aug. 24. West 42nd Street and Avenue of the Americas

Oscars in Chelsea

Hudson River Park's RiverFlicks runs every Wednesday (weather permitting) through July and August. Unlike many other outdoor series, this one lines up recent hits like Oscar winners "American Hustle" (Jul. 16) and "The Lego Movie" (Jul. 30). And there's free popcorn too. Free; movies start at dusk, July 9-Aug. 20; Pier 63

Mainstreaming

Nostalgia rules at this year's Summer Screen with new classics like "Clueless" (Jul. 8) and "Dirty Dancing" (Jul. 22). You get to choose the final movie, which screens Aug. 12. Head to McCarren Park on Wednesdays at dusk. Get there early for live music, and there are food vendors at the park. Free, doors at 6 p.m., showtime 8 p.m., July 8-Aug. 12, North 12th St. and Bedford Ave.

Voulez-vous go see a movie?

Films on the Green is a free outdoor French film festival taking place across various city parks. Don't miss the animated feature "Zarafa," presented in English, about a young boy who crosses the desert from Africa to Paris with his giraffe (June 26, Tompkins Square Park). DJs spin tunes before each screening.



Your outdoor summer movie guide

Why would you watch movies inside your gross, humid apartment? / INTREPID AIR, SEA AND SPACE MUSEUM

Summer on the Hudson



Catch the original "Jurassic Park" this summer. / UNIVERSAL PICTURES

Nature onscreen

This year's theme for Summer on the Hudson's Pier Picture Show is itself outdoorsy: movies set on lawns, parks, country estates and forests. In addition to the regular Wednesday night screen-

ings — kicking things off on July 1 is the original and still best "Jurassic Park" — are Thursday special features, including "Pride & Prejudice" (Jul. 9). Picnics are welcome. **8:30 p.m. Wednesdays, July 1-Aug. 12; Pier 1 at 70th Street, Riverside Park**

Fridays through Sept. 10, 8:30 p.m. FrenchCulture.org

On the boardwalk

Make a day of Coney Island with Flicks on the Beach, held right on the Atlantic Ocean boardwalk. On Mondays during July and August, a 40-foot inflatable screen turns the beach at West 10th Street into an outdoor movie theater, which is really how "Indiana Jones and the Temple of Doom" (July 27) was meant to be experienced. Free, doors: 7:30 p.m., movies around 8 p.m., July 6-Aug. 24

Syfy in Brooklyn

It's safe to say that Syfy Movies with a View is the most comprehensive of the summer film fests: For the action fans, there is "Sharknado 2"; for the mystery buffs, "Clue"; and for the slackers, "Dazed and Confused."

Movie Series is back with family-friendly and space-themed blockbusters (with a sense of humor, as "Spaceballs" is on the agenda). This year, a special guest introduces each film. Free, one ticket per person, members have priority; doors: 7:30 p.m., films at sunset, weather permitting. Through Aug. 6. Pier 86

Central Park fete

The Central Park Conservancy is celebrating its 35th with a five-day movie festival that includes only films released in 1980. Luckily for us, it was a good year: "Fame," "The Blues Brothers" and Robert De Niro's iconic portrayal of macho angst in "Raging Bull." Movies at dusk on Frisbee Hill, enter at 72nd Street. 8 p.m. Tues.-Sat. Aug. 25-29, rain or shine

Tapas and films

Every Monday evening on Chelsea gastropub Death Ave's sizable backyard (with a retractable roof for rainy nights), catch films like "Annie Hall" (June 29) and "The Big Lebowski" (July 20). The \$88 per couple cost includes a platter of shareable bites. Seating begins at 7 p.m.; movie starts at 8 p.m. 315 10th Ave.

Underground movies outdoors

Learn something about your world at a Rooftop Films screening, going on around the city (mainly on, as the name implies, rooftops, though there are often contingency plans for weather). This summer series showcases the work of emerging filmmakers and includes pre-film live music and an after-party. Free-\$15, doors: 8 p.m. Tues.-Sat. through Aug. 22

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going out

WHERE TO EAT, DRINK & PLAY

Comfortably Southern

Sweetwater Social

643 Broadway, Greenwich Village

Yes, it's an underground bar, but as we've learned this week summer isn't all beach weather. Bartender and former Southerner Justin Noel took his inspiration for the cocktail from some of his favorite summer flavors. Not too sweet, Comfortably Southern is made with Elijah Craig bourbon whiskey, VeeV vodka, peach puree, white tea-black pepper syrup and lime.

Piña Colada

Bar d'Eau

246 Spring St., South Village

This under-the-radar rooftop bar won't stay that way much longer because the guys behind GoldBar have taken over Bar d'Eau on the seventh floor of Trump SoHo, serving the frozen version of what, in our opinion, is the drink of summer: the piña colada (\$17). It's made with two kinds of rum, Cana Brava and Smith & Cross Jamaican, plus pineapple juice, coconut cream, lime juice and angostura bitters, perfect to sip by the waterfall pool with a great view of Lower Manhattan.

Dark 'n' Stormy

Streetbird Rotisserie

2149 Frederick Douglass Blvd., Harlem

Marcus Samuelsson's new restaurant devoted to restoring chicken's reputation was already one of summer's must-hit spots. Then, just yesterday, they dropped a delicious-looking Insta of frozen lemonades, in pomegranate and mango flavors, and more importantly a frozen version of that Bermuda delicacy, the Dark 'n' Stormy. So if the lauded mac 'n' cheese and retro hip-hop setting weren't enough of a draw, use this as your motivation.

Negroni

Alta Linea

180 10th Ave., Chelsea

Start your balmy summer outings at the new courtyard restaurant of the High Line Hotel, focused on Italian small plates and drinks. The seasonal spot by the team behind L'Apicio has your number with a frozen Negroni (\$14) made with Campari, Carpano Antica Formula red vermouth, Greenhook Ginsmith gin and citrus slush from Kelvin Natural Slush Co. While away an afternoon under their white umbrellas with a plate of frito misto or funghi misti bruschetta (pickled mushrooms, lemon gremolata, fried egg and Parmesan).

Sangria Swirl Margarita

Javelina

119 E. 18th St., Gramercy

Has anyone thought to mash up sangria with a margarita before? This cocktail (\$14) is definitely in keeping with the Tex-Mex ethos: The base is a frozen margarita made with El Jimador Blanco tequila, swirled with sangria made from red wine, apple brandy, peach schnapps, orange Curacao, and orange, pineapple and cranberry juices. We're planning to spend our siestas fiesta-ing here.

COLD summer

When the temperature gets so high that on the rocks just won't cut it, we've found some frozen cocktails to keep you cool.

Eva Kis

Frozen Piña Colada
Bar d'Eau

How to 'Bar Rescue' your next night out

Jon Taffer tells us when it's time to ditch a dive.



NED EHRBAR
@Nedrick
ned.ehrbar@metro.us

Nightlife consultant Jon Taffer has seen the worst watering holes on Spike TV's "Bar Rescue" and helped improve their business — occasionally through the use of force. So he knows the warning signs of a sketchy bar when he sees them. Here are his tips for spotting red flags next time you're out on the town.

1 "If there's a bottle of vermouth in sight — in other words, not in the refrigerator — then they don't know what they're doing. Every bottle of

vermouth, once it's open, must be refrigerated. It's wine. It will go bad. That's a big problem with bars; they don't know that. If the vermouth isn't in the refrigerator, I wouldn't order anything."

2 "If a back bar is disorganized — just s— is everywhere — that would clearly be a sign."

3 "If you put your hand under the table and it's covered in chewing gum, that might be a good indication [that you should go elsewhere]."

4 "Every bar has a cutting board behind it. They typically are white plastic. If it's brown in the middle, I'm not sure I'd be drinking there, because the brown in the middle is actually a bacteria colony. The fruit wasn't



Taffer
PROVIDED

brown when he cut it, and the board wasn't brown when he cut it. What's brown is the bad stuff."

5 "If a menu is sticky or is dirty or has thumbprints on it, obviously that would be a sign."

6 "Music so defines a bar. When you walk into a bar, the music that you hear will tell you all about the people that it wants to have there — or



There are many ways to tell whether you're at a good bar before they even make your first drink. ISTOCK

the people that are there. If the music is uncool, then probably the bar isn't going to be cool in your perception."

7 "If you walk into an empty bar, and there's a bartender working there, I often scratch my head. Would any great bartender work in a bar that was empty? The answer is no. So if the place is empty, I'm not sure I'd go much farther than that."

How bad can it get?

Over four seasons of "Bar Rescue," Jon Taffer has rescued hundreds of struggling night-life spots. But sometimes the task can seem too much even for him. So what's the worst he's ever seen? Hope you have a strong stomach.

"In 'Bar Rescue,' we've

seen a lot of disgusting stuff, but to me the most disgusting of all is the bugs and the rats," he says. "I've seen bugs in bottles that took a product that's clear and made it milky, there were so many bugs in it. What's floating around in those jars — and a lot of bars have these bugs — is feces, body parts, skeletons, eggs, colonies. It's fricking disgusting."

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Revolution of the Eye is made possible by the Andy Warhol Foundation for the Visual Arts, the Steve Family Philanthropic Foundation, the National Endowment for the Humanities, the National Endowment for the Arts, and an anonymous donation in memory of Curtis Herold.

Endowment support is provided by The Skirball Fund for American Jewish Life Exhibitions and the Neuberger Family Foundation.

The exhibition is organized by the Jewish Museum, New York, and the Center for Art, Design, and Visual Culture, University of Maryland, Baltimore County (UMBC).

Salvador Dalí on Artor's My View, CBS, 1952. © Premartine Media.

Jewish Museum

ARTIST

Listings



FOOD FEST

Taste Asia

June 26-27, 11 a.m.-10 p.m.
Times Square, between 42nd and 43rd streets
Free, TasteAsia.org

Immerse yourself in the Far East without the jet lag at Taste Asia, the largest Asian food festival in the U.S. Your votes will help determine the Best Asian NYC Restaurants of 2015, as well as the winners of the International Chinese Culinary Competition. Culture is also prominently featured with music and dance performances. Chefs include David Bouley, Terry French, Iron Chef Yuji Wakiya and "Top Chef" Hugh Hungyh.

PROVIDED

PRIDE

NYC Pride March

June 28, noon
36th Street and Fifth Avenue
Free, NYCPride.org

Among the rooftop parties, festive brunches and dancing nights, the main event of Pride Week is still the march on Sunday afternoon. Grab a spot along the route, which goes south on Fifth Avenue to Christopher Street, for the most spectacular show the city is likely to see all year.

DANCE

Beyonce Burlesque

June 27, 8 and 10 p.m.
Parkside Lounge
317 E. Houston St.
\$20, ParksideFun.com

The Around The Way Girls are getting even more sensual than usual with "Crazy in Love: A Night of Burlesque Inspired by Beyonce." Now, there's no substitute for the real Queen Bey, but some drink specials and free dessert should help bring out your own Sasha Fierce.

FITNESS

Rugged Maniac

June 27-28
Aviator Sports & Events Center
3159 Flatbush Ave., Brooklyn
\$110, RuggedManiac.com

Break free of your cubicle and act like a maniac at the Rugged Maniac mud run and obstacle course in Brooklyn this weekend. Not only do you have access to the 3-mile course with 25 obstacles to test your mettle, you can also spend the day jumping in bounce houses, riding a mechanical bull and dancing in a foam pit, with beer from Harpoon Brewery (and the first beer's free).

MUSIC

Dispatch

June 30, 8 p.m.
Space at Westbury
250 Post Ave., Westbury, NY
TheSpaceAtWestbury.com
Boston-based indie group Dispatch is coming to NYC for two shows on July 10 and 11 at Madison Square Garden, but you can catch them at a more intimate (not to mention free) show courtesy of Pandora at

pop-up show the Lexus Pop-Up Concert Series this weekend.

FOOD

Canada Day

July 1, 8 a.m.-10 p.m.
MileEndDeli.com

What does a Jewish deli in NYC have to do with Canada? Noah Bernamoff, the founder of Mile End Deli, is a Montreal transplant who's keeping traditions alive at his two stores in NoHo and Boerum Hill. While you can always sample Canadian delicacies like black seed bagels and poutine at the shops, next Wednesday they'll also feature BeaverTails — a treat of fried dough — in honor of Canada Day, among other national fare.

NOSTALGIA

BMT 100 Rides

June 27-28, noon-4 p.m.
New York Transit Museum
Boerum Place, Brooklyn
\$2.75, Web.mta.info
This weekend, celebrate 100 years of the BMT (aka the MTA) by going back in time and down to Brighton Beach. Pay the cost of today's subway ride (\$2.75) to board four different vintage trains dating back to the 1920s running between the museum and Brighton Beach Station.

ARTS

PSI Warm Up

Saturdays, June 27-Sept. 5
MoMA PS1
22-25 Jackson Ave., LIC
\$18-\$20, MoMAPS1.org

Art nerds have been setting the pace of summer afternoons at MoMA PS1's Warm Up. The weekly courtyard party features genre-defying DJs from around the world amid art installations.

EVENT

Slideluck Northside

June 27, 6:30-11 p.m.
Artists & Fleas
70 N. Seventh St., Brooklyn
Free, Slideluck.com
This combination slideshow and potluck brings together communities through local performances and donated food and drinks. This Saturday, check out works by artists from the north side of Williamsburg while enjoying bites from local vendors and beer from Brooklyn Brewery.

FILM

LOL Movie Series: 'Bridesmaids'

June 30, 8:30 p.m.
Solar One
24-20 FDR Service Road E
Free, Loft.com/summervideos
Make the most of summer with free screenings of hilarious films out in the fresh air alongside the East River. The LOL Movie Series is made up of six comedies handpicked by "Two Broke Girls" star Whitney Cummings. Next week, catch female powerhouse "Bridesmaids" for free, but seating is first come, first served — so prepare to arrive well in advance. Don't worry, there's music, food and drinks available before showtime.

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Notes



Heights Tavern FACEBOOK

Kickstart a new park
Fans of unique public spaces like the High Line could get a whole new kind of park: an underground garden and community space dubbed Lowline. The project is looking to get \$200,000 in funding through Kickstarter, which would fund the Lowline Lab, an interactive exhibit/experiment to test the project's feasibility. Lowline would be housed inside the abandoned 107-year-old trolley station under Delancey Street in the Lower East Side. Check out the Kickstarter page for renderings and a video about how they'll make it sunny underground.

Five borough beer crawl
Take a minute to think about the amount of money you'll be spending on beer between July 1 and Sept. 7. That number is pretty high, right? Let the Good Beer Passport take some of the edge off. For \$37, get one free craft brew, or even a flight, at some of the greatest beer bars in the city: Alphabet City Beer Co., Blind Tiger Alehouse, George Keeley, Heights Tavern and more. Get yours at GoodPassports.com.

Prospect Park Food Truck Rally is back
Now that summer's decided to

make it official, get down to Prospect Park for this Sunday's food truck rally from 11 a.m. to 5 p.m.

What can you expect? Trucks will include DUB Pies, Carpe Donut NYC, Kimchi Taco Truck, Carl's Steaks and much more. Can't make it this Sunday? Keep calm. The Prospect Park Food Truck Rally will also be happening July 12 & 19, Aug. 2, 16 and 30, Sept. 20 and Oct. 4 & 18. SARA SHERR



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ALL PHOTOS CHRISTIAN LINDGREN, WONDERFUL COPENHAGEN

Things are cooking in Copenhagen

Tickets went on sale this month for one of the biggest food festivals in Northern Europe. Copenhagen Cooking — www.copenhagencooking.com — takes place every summer. This year it runs from Aug. 21-30.

The festival began in 2004 and now attracts over 100,000 people to the Danish capital. Each year has its own themes,

and for 2015 there are two main ones: local sustainability and togetherness. There are going to be plenty of opportunities for social dining experiences, both in restaurants and in the streets, and the Scandinavian love of sustainability will ensure nothing goes to waste. For the visiting traveler, the chance to meet and engage with Danish foodies will make for a truly memorable holiday.

The Copenhagen culinary scene is a vibrant one, from Michelin-star restaurants to street food. In fact, there's even a place called Copenhagen Street Food (www.copenhagen-streetfood.dk/en). It's a daily street food market on Papiroen (Paper Island) where dozens of street food vendors set up stalls, and you can sample typical street food from Turkey, Mexico, China, Japan and, of course, Denmark.

Sample casual cuisine from around the world at the Copenhagen Street Food market on Paper Island.

At the other end of the price scale, Copenhagen has 15 restaurants with Michelin stars, including three with two stars. One of those, Noma, has been called the best restaurant in the world no less than four times by the British magazine Restaurant. Another of the two-star restaurants, Geranium, features the cooking of Rasmus Kofoed, once voted



MIKKEL HERBA, WONDERFUL COPENHAGEN

the best chef in the world. Some of those Michelin restaurants feature in the Copenhagen Cooking Festival,

Traditional Danish dishes to try



Smorrebrod

- **Rye bread:** You'll find rye bread everywhere, from top restaurants to supermarket shelves. It's a healthier and tastier alternative to white bread. A smorrebrod is rye bread buttered and with a topping, for an open-face sandwich.
- **Wienerbrod:** Don't ask for a Danish in Denmark. If you want a breakfast pastry, ask for a Wienerbrod, or Viennese bread.
- **Pork:** Pork is the most popular meat, served

- in dishes like roast pork with parsley sauce or a pork and apple stew.
- **Fish:** Denmark has 4,500 miles of coastline — almost as much as India — and fish dishes are everywhere, from smoked eel and pickled herring to salted dried cod (lutefisk).
- **Beer:** Denmark is noted for its beer, with big names like Tuborg and Carlsberg, but the craft brewing scene is definitely booming, and there are over 100 breweries to choose from.

which will also include cooking classes, events for children and street parties with music. **INSIGHT GUIDES | MIKE GERRARD**

AND DONNA DAILEY
For more information on visiting Copenhagen, go to VisitCopenhagen.com.



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The wild ponies of Chincoteague



CAMERON DAVIDSON

The annual pony swim and auction of horses living on Assateague Island celebrate their 90th anniversary in July.

Made famous by the classic children's novel "Misty of Chincoteague," the annual roundup and swim of the horses that live on Assateague Island, off the Maryland and Virginia coasts, is a tradition. About 150 feral horses live on Assateague Island. Some say the ponies descended from survivors of shipwrecked Spanish galleons. Others, that the original ponies wandered away while grazing.

Their only human contact is with The Saltwater Cowboys, a group of volunteers who monitor them. Each July, the ponies

are gathered to make the five-minute swim across the channel between Assateague and Chincoteague Island, Virginia. The following morning, the foals are auctioned, to maintain the herd at a size that can thrive on the island. The money raised supports the Volunteer Fire Department. This year's event starts July 25-26 with the roundup. Visitors can watch from the National Wildlife Refuge access road. At dawn on July 27, the horses are led down the beach to a communal corral where they rest for a day. It's beautiful, but be sure to reach the beach early.

The Pony Swim on July 29 attracts 40,000 people, all crowding the shoreline. A shuttle runs from the only parking area; again, early is the name of the game. The swim comes at slack tide, when there is no current, sometime



Pony swim

CHINCOTEAGUE CHAMBER OF COMMERCE

between 7 and 11 a.m. The auction on July 30 starts at 8 a.m. Prospective buyers must prove they can properly care for the pony before the sale is final. The following morning, the adult horses swim back across the channel for another year of grazing. Most hotels require several nights' stay during Pony Penning Week. The website www.chincoteague.com has a Pony Penning Guide. **INSIGHT GUIDES | FRAN SEVERN**

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Horoscope

Cancer | June 21-July 22
Problems will surface if you offer advice to a close friend. Work on ways to make your living space more comfortable.

Leo | July 23-Aug. 22
Travel and romance are highlighted. Plan to do something out of the ordinary. Express your feelings freely and let important relationships blossom.

Virgo | Aug. 23-Sept. 22
Don't wait for others to notice your achievements. By being more assertive, you can make great strides personally. Take action.

Libra | Sept. 23-Oct. 22
You can't do everything for everyone. Trying to be the perfect friend, relative or partner will be emotionally and physically draining.

Scorpio | Oct. 23-Nov. 21
Collaboration and joint ventures will be rewarding. Explore realistic options for improving your financial situation.

Sagittarius | Nov. 22-Dec. 21
Love is in the air. Someone you consider a friend has more interest in you than you realize. A social engagement will help true feelings emerge.

Capricorn | Dec. 22-Jan. 20
Consider starting your own business. With the right connections, you will be able to market your ideas. Invest in yourself.

Aquarius | Jan. 21-Feb. 18
Fend off lethargy by doing something completely unplanned. Try a new sport or go exploring. Experiences will motivate you.

Pisces | Feb. 19-March 20
Be extra careful with your assets and possessions. Resist high-pressure sales pitches and get-rich-quick schemes. A hasty decision will set you back.

Aries | March 21-April 20
An unanticipated houseguest will give you a chance to show off your hosting skills. Don't be upset with the change in your routine.

Taurus | April 21-May 21
Professionalism and a strong work ethic will stymie anyone who is trying to discredit you at work. Always use discretion when dealing with colleagues.

Gemini | May 22-June 20
Update your appearance and express the way you feel. You will be pleased if you stick to subtle changes.
EUGENIA LAST

Letter to the editor

The war was not the problem

Re: 'Consign the Confederate flag to a museum' (Metro, June 24) While I can hardly disagree with letter writer Gregory Harvey's conclusion that the Confederate flag should be consigned to museums, I take issue with his reason: That "no former adversary should be permitted to have their flag raised on public property." Should we therefore ban the display of, say, the British, Italian and Japanese flags? The Nazi flag is taboo not just because we fought a war with Nazi Germany but because it was a war against genocide and depraved oppression, and because it is used as a rallying symbol by

violent zealots.

It's important not to let revisionists recast the Civil War as "a war for states' rights," a position that has been thoroughly debunked by mainstream historians who point out the instances in which the slave states opposed the rights of other states to limit slavery.

The Civil War was about slavery, the flag of the Confederacy is inseparably associated with the cause of slavery, and that flag is being used as a rallying symbol by violent zealots. Those are the reasons to banish it to historical museums.
HARVEY WACHTEL, VIA EMAIL

letters@metro.us



Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.

Sudoku: Easy and hard

2	9	7	1					
		6		8			7	
1		4		6				
5	3	1	7					
9				2				7
					3	9	5	6
				5		7		9
	2			3		1		
					2	8	4	3

		7						6
5	6			9			8	
9	4		1			2	7	
			2			7	6	
	9						4	
	3	4			9			
	7	9			1		5	8
	5			8			1	7
6						3		

How to play

Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9.

There is no math involved. You solve the puzzle with reasoning and logic.

Crossword

Across

- 1 Ketch's cousin
- 5 Flashlight carrier
- 10 Go kaput
- 14 Gaelic singer
- 15 Stir-fry
- 16 Meter maid of song
- 17 Vanessa's sister
- 18 — renewal
- 19 Don Juan's mother
- 20 Curious maiden
- 22 Workaholic's lack
- 24 Brat
- 25 Yak
- 26 Advice
- 30 Facades
- 34 — Kong
- 35 Tenderfoots
- 37 Radiate
- 38 Qty.
- 39 Home furnishing
- 40 IRS form expert
- 41 Mayberry kid
- 43 Got going
- 45 Flake off, as paint
- 46 Harvested wool
- 48 Not to be found
- 50 Flit about
- 51 Cousteau's domain
- 52 Bell tower
- 56 Hot sauce
- 60 "It Walks by Night" author
- 61 Invited

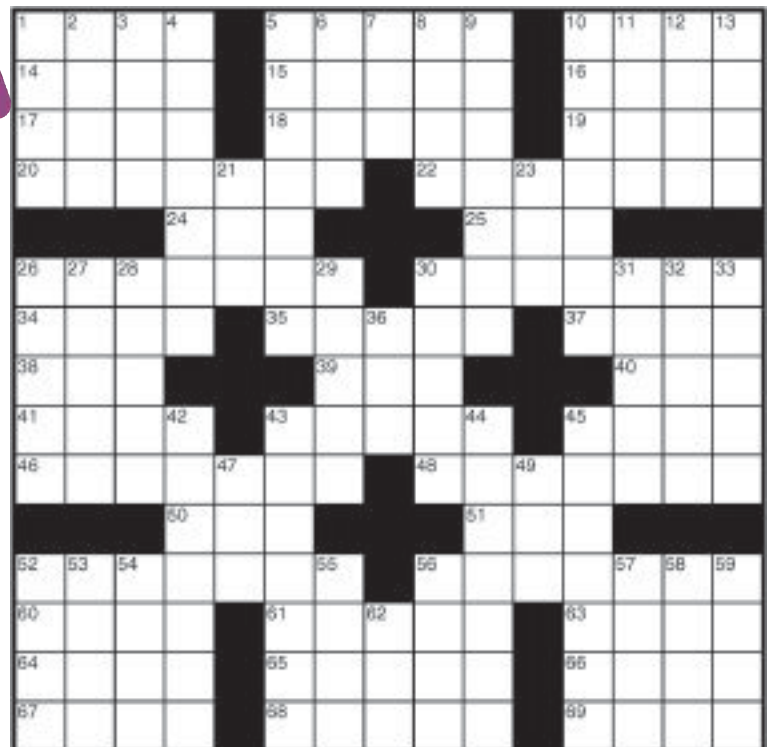
- 63 Uhura's crewmate
- 64 Auto rod
- 65 Kiwi language
- 66 Historical periods
- 67 Ticket info
- 68 Wars against Carthage
- 69 Soup-can flaw

Down

- 1 Shrill bark
- 2 Novelist — Seton
- 3 Hotelier Steve —
- 4 Stair part
- 5 Illegally seized
- 6 Name in cheesecake
- 7 Wheel part
- 8 Footnote abbr. (2 wds.)
- 9 Backs out
- 10 Lawn game
- 11 Aborigine of Japan
- 12 Anatomical passage
- 13 Loll around
- 21 Mantra chants
- 23 John, in Aberdeen
- 26 Physics study
- 27 Pizzazz
- 28 Free
- 29 Emulated Lorelei
- 30 Meat avoider
- 31 Trebek or Sakaj

- 32 Less green
- 33 No longer fresh
- 36 Really liked, man!
- 42 More gung-ho
- 43 Night owl need (2 wds.)
- 44 Like Bedouins
- 45 Put into words
- 47 Music genre
- 49 Dew glistener
- 52 A word to kitty
- 53 Kind of stand
- 54 Gardner of mystery
- 55 Hairy twin
- 56 Garr of "Tootsie"
- 57 Completely convinced
- 58 Plaid wearers
- 59 Depose
- 62 "— .Tiki"

Yesterday's answer



Superstar gazing

NBA. The Knicks are seeking a franchise-altering player in tonight's NBA Draft.

Thursday marks the most important draft for the Knicks in 30 years, and while they were initially disappointed in getting the No. 4 pick, there's still talent to be had.

Team president Phil Jackson addressed the team's draft needs and summer free-agency plans, noting that Thursday (7 p.m., ESPN) begins his blueprint of changing the franchise's fortune.

"There was kind of a malaise hanging over the ball club [last season] that they couldn't break through. ... It was a negativity that went around, so we had to pull the plug on the season in January," said Jackson when asked about the culture surrounding the Knicks. "From there on, we had to put together

Attention, Anthony

Phil Jackson talked Carmelo this week.

- "We know [Carmelo] is a prolific scorer, and a team needs that in end-game situations. But the other aspects, defense and rebounding, we know he can do that, so he needs to get back to that aspect [of playing an all-around game]."

a team to play together on the fly. Talent-wise we just couldn't sustain, and we knew that losing was part of the [rebuilding] equation."

Immediate help could be on the way should the Knicks stand pat at No. 4 and address any number of their needs. Point guard and a big are currently the most glaring positions of need.

Should the Lakers bypass a big man and select Ohio State guard D'Angelo Russell, as has been ru-

mored, the Knicks may actually come out as winners. The Timberwolves will likely select Kentucky's Karl-Anthony Towns at No. 1, and it's highly unlikely the 76ers will take Duke's Jahlil Okafor with the third pick, as the Sixers are already full of young — albeit, injury-prone — bigs.

No doubt the Knicks would run to the podium to draft the former Duke center should he be available.

Certainly, Towns, Okafor, and Russell possess such skills, and they are the primary targets of the Knicks, according to reports.

The Knicks, however, have been a notoriously curious franchise as they are rarely forthcoming with their intentions. They currently own the No. 4 pick, yet they mostly worked out players that were projected to go in the teens — sessions that were closed to the media for the first time in years.

TONY WILLIAMS
@TBone8
sports@metro.us



Ohio State guard D'Angelo Russell is expected to go in the top five of tonight's NBA Draft. / GETTY IMAGES

2015 NBA Mock Draft | by Metro Staff

No. 1



Karl-Anthony Towns

After months of speculation, the Timberwolves go with the player most pundits have identified as the best of this draft class. Already an elite defender, Towns' offensive game has shown flashes of greatness.

No. 2

Jahlil Okafor

He's great in the post and Los Angeles could have a lethal inside-outside game with Kobe looking to end things in style.

No. 3

D'Angelo Russell

Sam Hinkie is in the asset-acquiring business and Russell is a hell of an asset. Russell could be Penny Hardaway v. 2.0.

No. 4

Emmanuel Mudiay

Mudiay was the early favorite for the Knicks when they got stuck with this pick but he's slipped in recent weeks.

No. 5

Justise Winslow

He's a great athlete who checks all the boxes for size, speed and athleticism. But he can coast at times.

No. 6

Kristaps Porzingis

Every draft has an international man of mystery and most times, it doesn't work out. Is this really the next Dirk Nowitzki?

No. 7

Mario Hezonja

It will be hard to pass up the opportunity to take a guy who was considered Europe's best prospect just two years ago.

No. 8

Devin Booker

Sharpshooting is in style thanks to the Warriors' run to the title. Booker is dynamite behind the stripe.

No. 9

Willie Cauley-Stein

If there is no trade before No. 9, the first swap of the night will happen here. Cauley-Stein is all about defense.

No. 10

Frank Kaminsky

If Chris Bosh returns healthy to Miami and the Heat were to draft Kaminsky ... hello matchup problems!

Quick picks

- 11. Pacers: Myles Turner, C, Texas
- 12. Jazz: Sam Dekker, SF, Wisconsin
- 13. Suns: Kelly Oubre, SF, Kansas
- 14. Thunder: Cameron Payne, PG, Murray State
- 15. Hawks: Stanley Johnson, SF, Arizona
- 16. Celtics: Trey Lyles, PF, Kentucky
- 17. Bucks: Bobby Portis, PF, Arkansas
- 18. Rockets: Kevon Looney, PF, UCLA
- 19. Wizards: Justin Anderson, SF, Virginia
- 20. Raptors: Montrezl Harrell, PF, Louisville

For the full mock please see Metro.us

3

SPORTS



MLB

Nova super in Yanks' win

Ivan Nova started his first Major League game since Tommy John surgery Wednesday and didn't disappoint as he worked into the seventh inning, throwing 92 pitches and allowing just three hits in a sensational return. Nova did not allow a run in the contest and the Yankees beat the Phillies, 10-2. The Yankees are now in Houston to take on the Astros. Adam Warren (5-4, 3.62 ERA) will get the ball for New York tonight against the Astros (8 p.m., YES).



Visit **Metro.us** to see hot Instagram photos of USWNT star Alex Morgan.

FANTASY FOOTBALL: WHICH WIDEOUTS WILL BREAKOUT?

Last year, a lot of top-tier running backs busted while the rookie wideout class proved to be the greatest ever. That's going to lead to a lot of recency bias in this year's fantasy drafts. We always want to be zigging when our opponents are zagging, which means hammering the running back position early on and avoiding first-year receivers. It's easy to do that with so many quality young (but not rookie) midround wideout targets. The next Josh Gordon, DeAndre Hopkins or Alshon Jeffery is in our midst.

Air Jordan

DeSean Jackson posted a career-outlier 82-1,332-9 line in his lone year as Chip Kelly's No. 1 wideout. Next up was Jeremy Maclin, who parlayed the role into 85-1,318-10 and a \$55M contract from the Chiefs. This year's top dog in the pass game will be "big slot" receiver Jordan Matthews, who caught 35 passes for 559 yards and five touchdowns over the final eight games of his



Under Chip Kelly's system, Jordan Matthews could have a breakthrough season in 2015. / CHARLES MOSTOLLER

MLB pickups

Try and snag these two up-and-coming players:

- **Randal Grichuk, OF, Cardinals**— Matt Holliday's quad injury has widened the door for Grichuk. It may never close back up.
- **Mike Montgomery, SP, Mariners** — A former Royals prospect who won't strike out 12 in a game again but will stick in the rotation.

rookie year. A unique mismatch creator who is too big for corners at 6'3"/212 and too fast for safeties at 4.46, Matthews projects to lead the fast-breaking Eagles in all receiving categories.

Here's to you, Mr. Robinson

The Jags took Allen Robinson 22 picks after they selected Marqise Lee in the 2014 draft. But it's already clear who the No. 1 wideout is. While the unimpressive Lee has scuffled,

NFL news

A few months ago, Doug Martin was on the trade block and seemingly losing his job to Charles Sims. Not anymore. Thanks to a healthy and impressive offseason, Martin has not only stuck with the Bucs but will enter camp as

the clear-cut feature back. Sims, who averaged a pathetic 2.8 YPC last season and looked inept between the tackles, will stick in his natural passing back role. Martin's current average draft position is in the eighth round.

Robinson emerged as a potential team-carrying wideout during last year's injury-shortened season and this year's OTAs. The prototypical X receiver was reportedly "unbelievable" this spring, operating as the team's "most impressive offensive player" and posting numerous "wow" catches. If Blake Bortles can take just a small step forward, Robinson will eclipse last year's 86-946-4 pace as a starter. He'll be available in the sixth or seventh round of your draft.

The other Bryant

Martavis Bryant is not related to Dez Bryant. He's also available about six rounds later in drafts. We

saw the Steelers' offense flick on once they unleashed Martavis last season, as they went 8-2 with him active and 3-3 while he watched. Now Markus Wheaton has moved into the slot, leaving Bryant to play something near the 81.6 percent of the snaps he played in the playoff loss to Baltimore. With Ben Roethlisberger operating at elite levels, there's more than enough room for both Martavis and Antonio Brown to eat.



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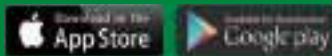
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KLM POP UP SHOP

June 25-27 | 11am-6pm (7pm Sat.)

Free Daily Activities

Chance to **win trips to Amsterdam**

Heineken Happy Hour &

Live sets with **famous Dutch DJs** - 5-6pm

Dutch coffee, waffles & snacks

Raffles to win prizes & more!

Friday 3-4pm: Kid's activities-paper planes.

Saturday 3-4pm: Live art & screen printing

Saturday 5-7pm: Closing party.

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